

HAPPENINGS

ISSUE NO. 352

SEPTEMBER 2019

SERVING PORT ST. JOHN & CANAVERAL GROVES



Submissions for publication need to be in before the 18th.

Call 321-633-7499 or e-mail to happenings1@att.net.
www.happenings.net

It's time to get out and play!

Cub Scout Information Night

Information Night will be September 10th at 6 pm at Sculptor Charter School.

Cub Scouts is a family organization for ages kindergarten through 5th grade. Cub Scouting is part of the worldwide Scouting movement and aims to promote character development, citizenship training and personal fitness. Cub Scouting is more than just an activity. It's adventure, learning and discovery around every corner. From STEM to exploring the outdoors, your child will be on the path to discovering their very best "future self"- and they'll have fun doing it!

Find out more on September 10th at 6:00 pm at Sculptor Charter School, 1301 Armstrong Dr, Titusville.

For more information email: psjpack359@gmail.com

Is your child in 6th grade or above? There will also be representatives from Scouts BSA to help you find a troop.

Veterans Golf Tournament

Post 893 AMVETS & Medal of Honor Park

Front and center, vets, it's time to play golf!

The tournament has been moved!

The tournament will be held at La Cita in Titusville on September 14th. The registration deadline will still be September 8th.

The tournament will be a scramble format. Player fees are \$160/foursome or \$40 for an individual. Mulligans are \$1.

Other events will include door prizes and a 50/50.

Sign up begins at 7 am, followed by a shotgun start at 8:30 am. Lunch will be pulled pork and baked beans and will start at 1:00.

Golf players can get 1/2 price drinks at AMVETS Post 893. Contact Gordon Benson for more information, 717-571-3199.



Fonda Haddad: Spotlight Artist

The Downtown Art Gallery in Titusville announces its Spotlight Artist for September: Fonda Haddad of Mims. Fonda is a fifth generation Floridian who has been a fiber artist since the 1980's when she was one of a group of artists who had studios at Upstairs Downtown in historic downtown Titusville. Fonda specialized in batik clothing and textiles. Wanting to be more three dimensional, Fonda explored ceramics, then basketry and finally working with gourds. Her gourds often incorporate basketry techniques as well as carving and wood burning. In addition to fine art pieces, her gourds can be containers, handbags, rain sticks, jewelry and of course bird houses.

Fonda works at her studio in Mims creating artwork for The Downtown Art Gallery and enters several shows a year. Her work can be seen at the Downtown Art Gallery, 335 S. Washington Ave. in historic downtown Titusville during their regular hours, www.thedowntownartgallery.com.

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PSJ Community Center Schedule - September, 2019

The center is open Mondays–Thursdays from 10 AM to 8 PM, Fridays from 9 AM to 6 PM, Saturday 10 AM-2 PM Schedule is subject to change. For latest information or to register, call 633-1904.

Mondays – Fridays

Seniors at Lunch, 10 a.m. - 1 p.m.

Mondays

Center Closed September 2, Labor Day Holiday

Outside Basketball, 10 a.m.-8 p.m.

Game Room/Computers, 10 a.m.-8 p.m.

Billiards, 10 a.m.-8 p.m.

Community Cares Aftercare, 2:30-6 p.m.

Zumba (Adult Class), 6-7 p.m.

Tuesdays

Outside Basketball, 10 a.m.-8 p.m.

Game Room/Computers, 6-8 p.m.

Billiards, 10 a.m.-8 p.m.

Community Cares Aftercare, 2:30-6 p.m.

20th Girl Scout Troop 1902, 4-5:15 p.m.

27th Girl Scout Troop 276, 6-7 p.m.

Wednesdays

Outside Basketball, 10 a.m.-8 p.m.

Game Room/Computers, 10 a.m.-8 p.m.

Community Cares Aftercare, 2:30-6 p.m.

Billiards, 10 a.m.-8 p.m.

Zumba (Adult Class), 6-7 p.m.

Thursdays

Outside Basketball, 10 a.m.-8 p.m.

Game Room/Computers, 10 a.m.-8 p.m.

Billiards, 10 a.m.-8 p.m.

Community Cares Aftercare, 2:30-6 p.m.

Fridays

Outside Basketball, 10 a.m.-6 p.m.

Game Room/Computers, 10 a.m.-6 p.m.

Billiards, 10 a.m.-6 p.m.

Community Cares Aftercare, 1:30-6 p.m.

Saturdays

Outside Basketball, 10 a.m. - 2 p.m.

Game Room/Computer, 10 a.m. - 2 p.m.

Zumba Classes - Zumba incorporates rhythms of Latin and international music to high energy aerobic/fitness dance movements. Zumba tones the body by integrating basic principles of movement and resistance training. Dancers and long-time exercisers thoroughly enjoy the change in pace exercising in a healthy, fun environment. Ages 12 years and up. Classes will be held Mondays and Wednesdays from 6-7 p.m. \$5 per class. For more information contact the Port St. John Community Center at (321)633-1904.

“Community Cares” – After School Program - Port St. John Community Center staff will pick up children from Challenger 7 Elementary and Atlantis Elementary every school day and transport children back to the community center. This program will include homework time, snack, and outdoor activities. The cost of this program is \$45 per week per child. Children in grades kindergarten through 6th grade are eligible to participate. Space is limited in this program to a maximum enrollment of 13 children. Register your child by contacting the community center today at (321)633-1904.

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Good Day! by Maureen Rupe Port St. John Small Area Study

August 15th was the first meeting of the Port St. John Small Area Study Steering Committee. Vaughan Kimberling: Chair, Carmine Ferraro – Vice Chair, Steven Darling, Matt Denyer, Chris Kane, Maureen Rupe, Chuck Wortham. The alternates are Robin DeRushie and Karl Lambert.

The Committee is appointed by the County Commission on the recommendation of District 1 Commissioner Rita Pritchett. Commissioner Pritchett asked the Brevard County Commission to allow our Small Area Study to try to solve?

This committee needs input from Port St. John residents. The committee needs to know how you want Port St. John to look, both short-term and long-term.

All meetings are open to the public. This year's meetings are August 29, September 26th, October 24th, November 21st, and December 12th. All the meetings are held at 5 pm at the Port St. John Community Center on Corto Road. **FLUM (Future Land Use Map) and Zoning Map.**

Brevard County and every county, city and

town in Florida has legally adopted maps that regulate how property can and cannot be used. The zoning map is for now and up to a year in the future, and the FLUM is for long term; both maps are regulatory, and the zoning map is more detailed, including types of businesses allowed, setbacks, etc.

Sewers Leaks and Bio-solids; Two headaches in one System

A number of our politicians seem to continue to say it's our septic tanks not being inspected that is causing all our lagoon algae problems. They keep forgetting the Gorilla standing in the middle of the room: Sewage Systems. I've been telling you issues of bio-solids for quite a while now, and I just got information on spills the last couple of years. I've pointed out all the spills we have had in 2019.

Bio-solids: The Brevard County Commission is considering a moratorium on spreading any bio-solids until the state can increase their regulations. A number of other counties are requesting action by the state, including St. Lucie County, Indian River County and Martin County. All of the letters they have sent want all bio-solids to be

tracked and all treated as if any Class A or Class B to ensure we know where people are applying dried human crap as fertilizer. There are at least 352 substances that are not being tracked. It's about time we know what is contaminating our water, including both our drinking water in the aquifer and our surface water in the Florida lakes, rivers and lagoons.

Sewer Leaks: I cannot believe this is still happening, and our cities and county are doing so much to counter the self-imposed tax to fight the lagoon pollution. It's almost like saying, "I don't care, I'm going to fight against our tax payers." Below I did not include hydraulic leaks on trash trucks or hydrazine leaks at Cape Canaveral AFS, only sewage or reclaimed water leaks.

August 13, 2019: Rockledge released 3,000 gallons of reclaimed water 1,000 feet north of the Eyster Blvd. intersection. Stormwater in that area flows to the Indian River.

August 12, 2019: Cocoa W15 Lift Station; 7,600 gallon spilled due to heavy rains overloading the system. The spill entered the storm drain which leads to the canal.

August 11, 2019: Satellite Beach. An ARV

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malfunctioned and approximately 2,000 gallons were spilled, total. 1,000 gals went to a storm drain which leads to the canal. 500 gallons were recovered.

August 05, 2019: Titusville. A threaded bypass line nipple blew out on one of two plant-site lift station discharge force mains. The untreated influent water entered one of the on-site storm water drains for approximately 12 hours, totaling approximately 36,000 gallons. This water was contained on-site at one of the Blue Heron WRF storm water ponds.

August 08, 2019: The force main to the Blue Heron WRF was isolated at approximately 0930 on Thursday, August 8, 2019. Maintenance staff repaired the plant lift station force main fitting and flow was restored to the facility by 1000. After the repair was made, approximately 48,000 gallons of water was back-pumped from the plant-site storm water system to minimize any contamination risks. Resulting debris from the malfunction was cleaned up and the area disinfected.

August 08, 2019: Titusville. While replacing a broken valve on a secondary effluent line, less

than 1,000 gallons of treated effluent were released in the excavated hole. Approximately 90% was pumped from the hole back to the Influent station. The affected area was treated with HTH.

August 08, 2019: Melbourne (Sykes Creek) Operator turned off pumps while cleaning scum off the top of the chlorine contact chamber. Level rose quickly while cleaning. It took longer than usual to restart pumps and 5,000 gallons of treated effluent overflowed the chamber. About 400 gallons went to a stormwater ditch on site before they could block the flow but none of the treated effluent flowed off property. Pumps were reset and are operating normally.

June 29, 2019: Melbourne. A Garrett's Run F/M break. Vactor cleaned up area and spread lime around repair site. Estimated the spill to be 50,000 gallons of raw sewage.

April 28, 2019. Brevard County. Master Pump Station valve malfunctioned causing flow to enter storage tank which filled up and ran over the top and out of tank. Approximately 3,000 gallons spilled into dry retention pond. All 3,000 gallons were recovered by Vactor truck. Grass area in dry retention pond was washed down, disinfected

with HTH and vacuumed up.

April 28, 2019: Brevard County; A 10-inch reuse line broke on Cedar Avenue near Dempsey Drive. An estimated 250,000-300,000 gallons of reclaimed water leaked out of the pipe and flowed into the storm drain located on Third Street North in between Woodland Avenue and Cedar Avenue.

April 17, 2019: Titusville. A vehicle failed to stop at the intersection of Bayview and Riverside Drive and crashed into the Bayview Lift Station #31. Approximately 1,800 gallons of sewage leaked out of pipe.

April 17, 2019: Melbourne. Domestic wastewater was discharged from the facility lines into the storm drains. Approximately 1,000 gallons of raw sewage was released and contained on-site by control measures and within the stormwater system and did not leave the facility. The on-site retention pond had no signs of wastewater flow.

April 17, 2019: Grant. A clog in the grit system at the influent structure of the wastewater plant caused 8,000 gallons to overflow on to the wastewater treatment plant property only. Nothing flowed off property or into any water bodies.

cont., next page

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STEVEN ALLENDER

Good Day!, cont.

March 03, 2019: South Beaches. Leak in front of 2380 N Riverside Drive. Crews found an air relief valve on a force main had failed and was leaking raw sewage. Flow was stopped to the area while the ARV was replaced. The repair was complete by 5 pm. About 1,450 of the 1,500 gallons that leaked was vacuumed up. The area was washed down and lime was spread.

February, 21, 2019: Melbourne. Leaking force main at 8020 N Wickham Rd. About 200 gallons of untreated sewage has leaked into a storm drain.

January 28, 2019: Rockledge. Employee hit a 6-inch sewer forcemain with a backhoe. No surface water was affected. Approximately 4,000 gallons of untreated sewage left the wastewater system, was contained onsite, Vactored and returned to the wastewater system.

January 28, 2019: Cocoa Beach. Property at 1204 Samar Road is having their seawall repaired. Contractors doing the work hit an air relieve valve with their bucket loader on the City's 2" reclaimed line causing the leak. We estimate that 3,000-5,000 gallons of reclaimed water flowed into a nearby storm drain which

leads to the Banana River.

January 28, 2019: Titusville. A plant lift station malfunction happened due to the electrical control panel failure when switching over to the power generator and blowing some fuses. Less than 50 gallons of raw sewage flowed onto the abandoned road and was contained by the roadside curb. The wastewater was disinfected and the area hosed down. No offsite discharge occurred.

January 25, 2019: Titusville. A reclaimed water leak verified in vegetated area east of the Blue Heron WRF. An undetermined amount of reclaimed water had leaked from a submerged pipe and formed a small pothole in the vicinity of the leak. Water was migrating to the east and being absorbed by the vegetation and soil. No surface discharge was observed.

January 17, 2019. Cocoa Beach. City of Cocoa Water Utilities responded to a reclaimed water break. Estimate between 300,000 and 500,000 gallons of treated reclaimed water entered the storm drains.

January 09, 2019: West Melbourne. A force main break 500 feet West of Hollywood Blvd and Imagine Way. A developer was removing trees

with a root system that was around a 10" Force Main. Estimated 50,000 gallons of raw sewage were leaked.

January 2, 2019: Melbourne. A total of 2,000 gallons overflowed. 300 more gallons overflowed during repair.

How Much will Climate Change Cost Florida?

For a number of years, the Public Service Commission has been pushing Florida electric utilities companies to encourage customers to save energy. They even give grants for insulating you home and other ways to help us. Now this year, with our highest July temperature in recorded history, all power companies are asking the Public Service Commission that they don't want to do this anymore? According to an August 9th article on Earthjustice.org, no author cited, titled, "Concerns Over High Electric Bills and the Environment Raised as State Holds Hearing on Shockingly Low 10-Year Energy Efficiency Goals," the article stated, "As required by the Florida Energy Efficiency and Conservation Act, the PSC must update its energy efficiency goals every five years for the state's largest electric utilities including FPL, Duke, TECO, Gulf



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For some reason, the power companies want to be relieved of this requirement. It seems very surprising as our state's power companies are not doing well on this issue. The article pointed out that, “Florida currently ranks second from the bottom in the Southeast for energy efficiency and well below the national average according to a recent report by the Southern Alliance for Clean Energy. An investment of just one percent of utility sales can create as many as 100,000 good-paying clean energy jobs, as evidenced by state programs in Arkansas and North Carolina.”

Whether you agree Climate Change or Global Warming are human caused issues or not, it is hard to deny our temperatures are increasing. I checked on Yahoo Finance what the cost of global warming is expected to cost Florida, and

it stated “Florida: Change to state GDP: a loss of \$100.9 billion. Florida is projected to suffer the biggest loss in GDP both in dollar amount and percentage. The more than \$100 billion projected loss is over 10 percent of the state's GDP.” More people are using more electric (I know my bill is going up). I know it's not because electric is getting more expensive, I'm just using more electric because it's warmer and I'm using more electric to keep my house cool.

I think it is terrible that our power companies are trying to ensure Florida residents use the most energy to ensure they pocket the most money. They should be always encouraging energy savings instead of retreating from it.

Reference: <https://earthjustice.org/news/press/2019/concerns-over-high-electric-bills-and-the-environment-raised-as-state-holds->

hearing-on-shockingly-low-10-year

<https://finance.yahoo.com/news/much-climate-change-cost-state-100402776.html>

Cheerio,

Maureen Rupe

rupe32927@earthlink.net

Parks & Recreation Meeting

The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, September 12th, 2019, at 5:00 p.m. The meeting will be held in the Brevard Room at 518 South Palm Avenue in Titusville. The public is invited to attend.

The Brevard Room is located in a building on the north side of the parking lot behind the Brevard County Government Center-North.

For questions, call Jeff Davis at 264-5105.



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Out on the Town:

**Le Crave,
Titusville**



This month I thought I'd try something different besides the normal bar type food. Some of my co-workers were talking about a place in Titusville called Le Crave. I asked, "So, what type of food do they serve?"

They said it was mostly crepes and told me a story about how the owner took a leave of absence from work, traveled to France just to attend cooking school to learn how to cook crepes.

First of all, I have no idea what a crepe is, since I'm not one into French food. I've been to France twice and never really thought the food there was all that good. So, I was going into a territory I have no idea about.

So, before we make this trip to Le Crave, I got on the internet to do some research and learn exactly what I'm about to eat. I found out a crepe is a very thin cooked pancake, usually made from wheat flour. They're made by pouring a thin liquid batter onto a lightly oiled hot frying pan. The batter is spread out to usually 10" to 12" in diameter. Once cooked, they are either rolled or folded with different types of fillings. A breakfast crepe may have eggs, cheese and/or meat in them or with fruits like bananas, strawberries or preserves. A lunch or dinner crepe may be filled with some type of meat, cheese, onions, and usually spinach.

My wife ordered the "London Infusion Crepe," which is filled with chicken, Swiss cheese, potatoes au gratin, spinach, mushrooms and topped with beurre blanc sauce. I got the "Empanada Crepe." It's stuffed with roast beef,

Gruyere cheese, potatoes au gratin, spinach, caramelized onions and topped with hollandaise sauce. Our granddaughter ordered the "Kids Nutella Crepe." It's basically a breakfast or desert crepe since it comes with bananas, strawberries with a Nutella topping.

My wife and I agreed that this was something way different than we were used to. But I will admit, it was flavorful and the meat was very tender. I'd rather have a hamburger and fries, but I'm willing to try something different every now and then.

Le Crave's main thing is their crepes, but they also have a wide range of coffees and teas, as well as Cappuccinos, Lattes & Cravaccinos, which they describe as a frozen blended coffee. The tea menu shows they offer black tea, oolong tea, white tea and green teas with many different flavors in each category.

Le Crave is located in the new Titus Landings shopping plaza. They are open on Mondays 7:30 to 3 pm and Tuesday thru Sunday, 7:30 to 9 pm. So, if you desire something a little different, give Le Crave a try.

- Ken Carson



Post 359 - American
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Contact Janice Anderson, Events Coordinator, American Legion Riders Post 359 at info@alr359.com for more information.

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The Church of Jesus Christ of Latter-day Saints Hosts Service Spectacular Event to Benefit Six Local Charities

The Church of Jesus Christ of Latter-day Saints will host a blood drive and service event on Tuesday, September 10, that includes service opportunities for six local charities.

Blood Drive - Oneblood Mobile will be on-site from 4 - 8:00 pm for people ages 16 and up to donate blood. Each person who donates will receive a \$10 gift card from Epic movie theater.

Heart pillows - Pre-sewn pillows will be stuffed and hand-sewn closed for patients at Parrish Medical Center recovering from heart surgeries.

Quilt Tying - Sewn quilt-tops will be tied and finished. Quilts will be donated to the Titusville Veterans Homeless Shelter.

Canned goods donations - Canned good items will be collected and donated to Northern Brevard Charities. Participants are encouraged, but not required, to bring a non-perishable food donation.

Stars for Veterans - Stars will be cut from American flags that are being disposed of due to wear and tear. Each star is placed in a small plastic bag with a poem about the flag being flown for our country and even though it is worn, it is still appreciated and valued. This project was started by the Elks Club organization and the stars are handed out to local veterans.

Homeless backpack kits - Volunteers will be making backpacks, pillows and a ground cloth/sleeping bag. These items will be made with water-resistant sterilized surgical material. Once completed, backpack kits will be given to Parrish Medical Center to distribute to the homeless.

Event organizer Gwen Butler and Suzanne Arimond welcome community participants. "We believe that Jesus Christ went about doing good and that when we serve others, we serve God. In a world full of contention and heartache, there is something beautiful about joining with our community in blessing some of our more vulnerable citizens and we encourage individuals, families, businesses and groups to join us."

The event takes place from 4:00 p.m. to 8:30 p.m. at The Church of Jesus Christ of Latter-day Saints 3000 South Street in Titusville.

For questions or concerns, call Tracy Portz, 321-525-0008.

Martin Andersen Senior Center Dances

Martin Andersen Senior Center will host Singles/Couples Ballroom Dances on Saturday, September 14th and 28th. Music will be provided by Janice and Rene.



For both dances, doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m. Free snacks, BYOB. Adults of all ages are welcome. The cost is \$6; \$5 for members.

Adults of all ages are welcome to our dances. MASC is located at 1025 S. Florida Ave., Rockledge.

Call Martin Andersen Senior Center at 321-631-7556 for more information.

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Readers....None of us like to face the fact the Jolly Fat One will be running his very expensive route once again before we know it. In an effort to make the whole thing a tad less stressful I have put together a month by month guide I have devised by trial and error to the big day. I am going to be publishing excerpts monthly and would appreciate any feedback, good or bad. ~ Rose

rosepadrick@gmail.com or <https://rosepadrick.com/>

September

Thanksgiving means turkey, dressing, mashed potatoes and gravy for most of us, but that doesn't mean we have to stick with the same old. If you have an emotional tie to Great Gramma's special beet and cabbage casserole, by all means plan on serving it, but now is a good time to start researching and rehearsing new recipes. One new dish every week or so can usually be do-able on today's tight schedules and you can get valuable feedback as to whether they would be welcome come the Pilgrim Party. When you land on one you love, buy the ingredients, including spices, label for Thanksgiving and put them in a special place in the pantry or freezer (don't allow yourself to borrow even a pinch of



something; it is so easy to forget to replace). Prepare your Thanksgiving guest list and send invitations... to everyone. You know weird cousin Sephora is not going to believe you forgot to put a stamp on hers... again.

Make the first payment on your lay-away.

Invest in a couple of large plastic containers with lids and a roll of bubble wrap. I keep mine on a closet shelf, but under a bed or in a garage will work just as well. They should be readily accessible. Speaking for myself, if something is out of reach or I have to dig for it, odds are I won't use it.

Write your Christmas gift list and keep it out of sight but easy to read and add to. When I had snoopy kids at home I taped mine to the inside of the cabinet where I kept cleaning products.

I also kept my chocolate stash in that cabinet because there was no danger of any of my brood looking for something to clean with!

As gift ideas occur to you, write them next the recipients' name, listing several for each person. Try to look at the list several times a week and begin buying the ones that you remember. I try to purchase a gift a week. Tape a name tag to the gift, wrap in bubble wrap if necessary, (remember to remove price tags) and place in the plastic containers.

Order any gifts that can be purchased through catalogs or stores. I personally don't care to use the internet, nor do I purchase clothing through catalogs. Things like old musicals or entire seasons of old television gems like I Love Lucy or Red Skelton can be ordered through Amazon or some music stores. These make excellent gifts for the elderly relatives who remember watching the shows when they first aired, although my granddaughters and most of their college chums love the old comedies. Tape on name tags, wrap and tuck away in the containers as you get them.

Peruse the catalogues for that special something for your husband's Great Aunt Prudence, trying not to dwell on her less than ideal attitude at dinner last Sunday.

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MONTHLY TAX UPDATE

Now is the time to fund your Individual Retirement Arrangement (IRA) and could lead to questions. Here are a few IRS tax tips about saving for retirement using your IRA.

First, if you participate, or may be permitted to participate in an employer retirement qualified plan, your understanding of the Adjusted Gross Income limits is required. If your spouse is permitted to participate, or may be permitted to participate in an employer retirement qualified plan, then there is another set of Adjusted Gross Income limits applicable and your understanding of these limits is required. Easy, right?

Well, that's where your tax advisor comes in.

Okay, next your age comes into play. You must be under the age of 70½ at the end of the tax year to permit you to contribute to a traditional IRA and there is no age limit for the Roth IRA.

You must have taxable earned wages to contribute to an IRA. This includes income from wages, salaries or net self-employment income. It also includes tips, commissions, bonuses and alimony (only if the divorce was finalized prior to December 31, 2018). If you are married and file a joint tax return, only one spouse needs to have compensation, in most cases.

The timing of your contribution is also important. You can contribute to an IRA at any time during the year. To count for 2019, you must contribute by the due date of your tax return. This does not include extensions. That means most people must contribute by April 15, 2020. If you contribute between Jan. 1 and April 15, make sure your plan sponsor applies it to the year you choose (2019 or 2020).

There are also contribution limits. The most you can contribute to your IRA (Roth or Traditional) for 2019 is the smaller of your taxable earned wages or net self-employment income for the year, or \$6,000. If your age will be 50 or older at the end of 2019, then the maximum you can contribute increases to \$7,000 of your earned wages or self-employment net income. The \$6,000 or \$7,000 is the maximum contribution allowed to your Roth, or your Traditional, or if you contribute to both, added together.

If you contribute more than these limits, an additional tax will apply. The additional tax is 6 percent of the excess amount you contributed

over the permitted amount, unless you recharacterize the contribution before April 15, 2020.

Let's change gears now to look at the "new" Form 1040. The Form 1040 for tax year 2018 had six schedules, and now the 2019 Form 1040 will only have three schedules. This means the actual Form 1040 will have the information that was previously removed, added back on. I'm not sure if Congress is making it simpler by making changes every year or not. Especially, since every year the tax laws have been repealed, changed or adjusted in some way. I guess this is why the Service Center keeps saying every taxpayer needs to review their W-4 to verify appropriate tax withholding has been adjusted to meet the changes coming into effect.

This is very brief overview. For details and specific assistance in applying the general information in this article, call us at your earliest convenience or contact your tax advisor. Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.

Afternoon in the Park

North Brevard Historical Museum

The North Brevard Historical Society & Museum is hosting its 26th annual "Afternoon In The Park", to be held on October 19th, 11 am

to 4 pm at Fox Lake Park in Titusville. BBQ chicken or pulled pork sandwich (with beans, slaw and drink) will be served from 12 noon until 2 pm. Children's plates will include a pulled pork sandwich or a chicken leg. The dinners are \$10 for adults and \$5 for children 12 and under.

Music and entertainment for the entire family will be there - games for the kids, 50/50 Raffle, cake walk, line dancing, bake sale, antique car show and more!

Beginning September 1st, visit the Museum and register to win a free Adult BBQ ticket. One winner will be drawn each week, with the final drawing on October 17th. The drawing is open to non-members only; one entry per person, per day.

Advance tickets are available at the Museum: 301 South Washington Avenue, Titusville
Call 321-269-3658 for more information.

North Brevard

Historical Museum

The Museum is operated by the Historical Society of North Brevard. Museum hours are Tuesday, Wednesday, Friday and Saturday 10:00 am - 3:00 pm. Admission is FREE!





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Hospice of St. Francis – Virtual Reality Experience

Brevard's Hospice of St. Francis new virtual reality experiences program helps make dreams come true for patients. Hospice of St. Francis is one of the first healthcare organizations on the East Coast to introduce Virtual Reality Experiences as a method of improving their patients' experience and to support their quality of life by providing excellent care, as well as happy, meaningful experiences whenever possible. Hospice of St. Francis Medical Director Dr. Elizabeth Galfo (left) and President and CEO Joe Killian (right) receive a demonstration of the equipment being used in the program from Christine Christian, MSW (center) a social worker with Hospice of St. Francis who is part of a team facilitating the introduction of the new technology.

"Many of our patients share their feelings of sadness about having missed out on fulfilling their dreams to travel, experience aspects of nature such as seeing the Grand Canyon, doing something they've always wanted to do such as our veteran patients attending an Honor Flight



trip, or even about things they can no longer do like take a walk on the beach. Through our new Virtual Reality Experiences program, we can offer them the opportunity to experience those things from the comfort of their homes or wherever we are caring for them," said Kristie Henry-Roling, MSW, Lead Bereavement Coordinator.

Hospice of St. Francis is partnering with Design Interactive, Inc. to provide the Virtual Reality Experiences and expand the scope of its patients' experience. Sam Haddad, Augmented Reality Technical Fellow with Design Interactive,

Inc. is helping guide the organization through the introduction of the new service and also through the soon-to-follow plans for expanding the program.

Haddad said his team is already at work on developing the Augmented Reality aspects of the program to enhance educational options for the Hospice of St. Francis staff. "Using next-generation Augmented Reality technology, healthcare instructors can present digital content in the real world. The instructors can overlay virtual imagery using real equipment and situations. This level of augmented training greatly enhances current training beyond simple printed procedures or even videos. Trainees can now see and interact with relevant information on demand, keeping their hands free to perform procedures, build muscle or mental memory, which enhances knowledge retention."

The Hospice of St. Francis Foundation is providing the seed money for the program.

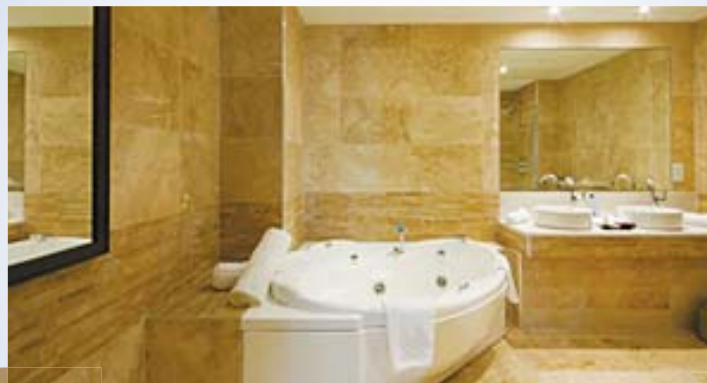
About Hospice of St. Francis:

Established in 1977, Hospice of St. Francis is Brevard County's longest-serving and only

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independent not-for-profit hospice. The organization's mission statement is: Uplifting Lives. Uplifting Each Other. Uplifting Our Community. For more than 40 years, the staff and volunteers of Hospice of St. Francis have served with passion, kindness and have consistently demonstrated a commitment to excellence. With locations at 1250-B Grumman Place in Titusville and 6905 N. Wickham Road, Suite 403 in Melbourne, Hospice of St. Francis provides the entire county with compassionate, quality care for the terminally ill, support for loved ones and resources for community members faced with end-of-life and bereavement needs throughout Brevard. For more information visit: www.HospiceOfStFrancis.com.

Enchanted Forest Events

Guided Walk Every Saturday in September, 10:00 to 10:45am. Enjoy a 45-minute guided hike.

Yoga in Nature- Every Sunday in August, 9:30 to 10:30am. Registration required, please call 321-264-5185.

Nature Time - Tuesday, September 3rd, 10:00

to 10:45am, ages 5 and under. Registration required, please call 321-264-5185.

Sanctuary School - Tuesday, September 10th, 10:00 to 11:15am. Ages 6 through 12. Registration required, please call 321-264-5185.

Admission to the sanctuary and education center is free and open to the public Tuesday through Sunday from 9 am to 5 pm. Come out to visit soon!



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COMMUNITY CALENDAR

Alcoholics Anonymous meets in PSJ on **Sundays** at 5 PM, Tuesdays and Thursdays at 6:30 PM at 4797 Curtis Blvd. (St. Patrick's Church). **Overeaters Anonymous** meets in PSJ on **Saturdays** at 9:30 AM at the PSJ Library. Visit oaspacecoast.org for other meeting locations.

Nar-Anon: Support group for those affected by someone else's addiction, meets on Mondays, 7:00 - 8:00 PM at Christ Central Church - side entrance, 2010 N. Cocoa Blvd., Cocoa. www.naranonfl.org.

9-2 Labor Day

9-3 Compassionate Friends Support Group meets the first Tuesday of every month at 6 PM in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

9-4 American Legion Auxiliary, Unit 359, General Membership Meeting on the 1st Wednesday of each month, 6 PM at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

9-4 PSJ Startups & Founders Club, a group for new business owners and entrepreneurs, meets on the 1st Wednesday of each month at

the Port Java in Fay Plaza. We'll begin our program at 8 AM. The Port St. John internet site can be viewed at www.meetup.com/Port-St-John-PSJ-Startups-Founders-Club/.

9-12 Canaveral Groves Homeowners, Inc. meets on the 2nd Thursday of each month, 7:00 PM in the Fellowship Room of Discovery Christian Church, 3925 Grissom Pkwy. in the Groves.

9-8 Multiple Sclerosis Self-Help Group meets on the 2nd Sunday each month (except Mother's Day & Nov.), 2 PM, Cocoa Library.

9-8 Word Weavers Space Coast, a critique group for Christian writers, meets the 2nd Sunday at 2:00 PM at the Central Brevard Library in Cocoa. Visitors are always welcome. Email angelagardnerwrites@gmail.com for info.

9-8 Calling all Christian authors! Dynamic writers group in Cocoa, Fla. offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30 PM at Cocoa library). Contact D.P. Clarke at 1royaldy@gmail.com for more information. Print "Writers Group" in Subject.

9-9 Ashura Begins

9-11 Patriot Day

9-13 Brevard Women's Connection meets at Space Coast Convention Center (Holiday Inn Express) on Hwy. 520 from 11 AM until 1 PM on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For more information, call Mary at 636-4713 or e-mail her at mdean44@cfl.rr.com.

9-16 Moonport Modelers RC Club meets at 6:30 PM, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville. For more info, call Wayne Mendez, 505-2361.

9-18 American Legion Post 359 meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Please contact the Post at 268-1632 for assistance with your membership or information.

9-20 PSJ Business Connections Luncheon, sponsored by the Titusville Chamber of Commerce, meets on the 3rd Friday of the month at 12:00, PSJ Library on Carole Ave. Call Dennis Watkins at 267-3036.

9-24 Moonlight Quilters Guild meets at the

North Brevard Library in Titusville, 2121 Hopkins Ave. on the 4th Tuesday of each month. Meet and greet & refreshments at 6:15, meeting at 6:30 usually followed by show and tell or a guest speaker. Call 321-720-6232 or 321-720-1584 for more info.

9-29 Rosh Hashana Begins

Congratulations to:

Cooper Campbell turns **13TEEN** on the 1st.
Liz Montes parties down on the 2nd.
Teri Bynum is still the Queen on the 2nd.
Corabeth Ridgely turns Sweet **16** on the 3rd.
Derek Rickard turns crazier on the 3rd
Mary Hornsby turns classier on on the 4th.
Diane Sangalang rocks the day on the 10th.
Michelle Walker dances all night on the 16th.
Shane Orend turns **24** on the 16th.
McKenzie Mounts turns **10** on the 17th!
Jayne Hannon is the party girl on the 18th.
Jennifer Brunet gets spanked on the 18th.
Mitchell Hannon turns wilder the 20th.
Carol Drabek turns more lovely on the 20th.
Teresa Higginbotham parties wild on the 21st.
Cloyd Manuel will be a hot **73** on the 21st
Belinda Crouse turns prettier on the 21st.
Lincoln Unrue turns **3** on the 22nd.
Naomi Beasley turns cuter on th 22nd.
Vance Gaddy and Charles Samples party down on September 22.
Kyle Troxel turns cooler the 24th.
Kathy Patterson gets kisses on the 24th.
Brooke Brunet turns hotter on 27th.
Henry Snavely turns **7** on the 28th!
William Taylor turns **71** on the 28th
Colton Orvis turns **22** on the 30th.
Sam & Keri Weeks celebrate **25** happy years this month.
 26 happy ones for **Sandy & Joe Thomas** on the 4th.
Ronni & John Hansen celebrate **27** happily married years on the 5th.
Jim & Dolores Scott celebrate **46** on the 15th.
Steve & Lisa Sweeney celebrate their **21st** anniversary on the 19th.
Aaron and Sharon Hightower celebrate their **33rd** anniversary on the 20th.
Olivia and Ryan Brackin celebrate their 3rd anniversary on the 23rd!
We have lots of room for more good news.
 Email your inputs to happenings1@att.net.

Important Phone Numbers

County Commissioner -	607-6901
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Center	637-6670
Waste Management -	636-6894
Roadway Maintenance -	264-5084
SCAT Bus Information -	633-1878
Port St. John Library	633-1867
PSJ Community Center -	633-1904
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Space Coast Jr/Sr High School -	638-0750
Sexual Offender Registry -	
www3.fdle.state.fl.us/sexual_predators/	

Introducing the Winners of James Beard Foundation's Fifth Annual Blended Burger Project™

Drumroll, please. With nearly 500 restaurants in all 50 states and 402,000 consumer votes, the James Beard Foundation announces the winners of the 5th Annual Blended Burger Project™ – a summer-long campaign which challenges restaurants and foodservice professionals to menu a more delicious, nutritious and sustainable burger blending meat and mushrooms. From Memorial Day through July 31, restaurants served their own renditions of a blended burger and encouraged diners to cast their votes online for their favorites.

The top 25 restaurants with the highest votes were reviewed by a judging panel – Chris Morocco, Senior Food Editor, Bon Appétit; David Stample, Celebrity Chef and Philanthropist; Erika Nakamura and Jocelyn Guest, Star Butchers and Co-Founders, J&E SmallGoods – and narrowed to the final five.

Chefs from the winning restaurants will now have the opportunity to cook their blended burgers at the historic James Beard House in New York City on October 23. Winners will also be

taking home \$5,000 each.

The winning restaurants are:

- Burger Shack, Lahaina, HI.
- Hops at 84 East, Holland, MI.
- Playalinda Brewing Company, Titusville.

The Viva Ybor! Burger consists of a soppressata-seasoned beef, pork and crimini mushroom blended patty topped with Swiss, cured sweet ham, mojo pork pernil, English mustard and house-made mustard pickles on Cuban bread.

Experimental Aircraft Association Chapter 724, Merritt Island (EAA724)

If you have a passion or interest in aviation then EAA 724 will bring you closer to the action. You don't have to be a pilot or aircraft owner to enjoy our group. Our chapter is a mixture of pilots, wannabe pilots and non-pilots. If you like aircraft and aviation you are welcome. Each month we have an interesting speaker and lots of hangar flying.

EAA 724's next meeting will be on September 11th in the club house on Merritt Island Airport at 7:30 pm.

The airport is approximately 2 miles south of SR 520 on Courtney Parkway. Turn off Courtney onto the airport and then bear right. Across from the Fire House is the club house with the EAA logo on the end of the building.

For more information, contact President Dwight Bell at www.eaa724.org or call at 321-288-7209.



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HAZARD EVALUATION



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Expert
LLC**

Rose's Room

It may just be time for mature faux-blonds to fight back.

My recent encounters with woodland creatures - raccoons, tortoises and owls have begun and ended with them growling, snarling or screeching. Followed by my double-quick departure.

I took this with a grain of salt because I was invading their territory, but this last unhappy wild creature was definitely in my territory. Not that it made a difference, he was still heartily upset.

Coming home late in the evening using a less-traveled back road, I was driving slowly taking note of eyes peeking out from bushes or high grass, sometimes making out the silhouette of a raccoon or rabbit. It was on the down side of 10 p.m. when I had cause to hit the brakes. It seems one of Mother Nature's denizens of the swamp decided to enjoy an evening stroll down a country lane.

Accustomed to seeing alligators in or by water, I was somewhat perplexed at his casual saunter, then full stop in the middle of the road. His front legs were illuminated by my left headlight and his back legs by my right headlight. I estimated that put his size somewhere between ginormous and humongous.

He stood staring at me until I lightly tapped the horn... not one of my better ideas.

The gator rose to full height, swung a massive tail, opened his mouth-showing about a million teeth - and hissed long and loud.

With another swish of his tail he lazily strode off the road and into the darkness, and I cautiously continued on my way.

I realize his thoughts were probably on love - not causing human heart attacks - but it's still quite rude to frighten all of a lady's hairs gray. Especially right after she dyed them.

Should we meet again I plan to introduce him to a pair of size seven pumps and a bag to match that I'm willing to bet used to be a rude cousin of his.

Of course this will be done from the safety of my locked car, followed by my double-quick departure.

A recent weekend found some of my family camping again. We favor Manatee Hammock for its quiet wooded setting on the river and there's some pretty good fishing.

The sunrise will almost always find me and my coffee cup on the dock; usually alone save for the wildlife both above and below the rivers smooth-as-glass surface. I have watched manatee lazily feeding along the bottom under and around the dock, so close I clearly hear the little snuffle as they break the surface to inhale.

I think the porpoise are truly the little kids of the water world. Groups of them dart here and there. My head tells me they are feeding, my heart says they are having much more fun than I am.

Such was the idyllic scene the morning of the mugging.

I was at my usual sunrise post with my usual cup of coffee in hand watching a large pod of porpoise use a little cove to corral fish, and then happily feed before breaking up to head in different directions. A lifelong friend who is also a product of Angel City waded almost chest deep in search of his third foot-and-a-half long River Trout. He had been there an hour or so before the wayward Flipper wanna' be's spotted him and his stringer of fish. (I wonder if a good porpoise gone bad is called the "black fin" of the family?)

My friend and I spotted a swirl in the water heading straight at him at the same time. We both knew the swirl meant large fish and that meant the porpoise would not be far behind.

Having been practically raised on the river, he knew he had nothing to fear from the porpoise but was not about to donate our breakfast to them, either. So if any readers were at the Manatee Hammock dock just after sunrise on a recent weekend and witnessed a man chest deep in the water - surrounded by darting porpoise - holding a fishing pole out of the water with one hand and a line of fish out of the water with the other yelling, "This is my breakfast, not yours!" and a woman on the dock with a coffee cup laughing hysterically, please e-mail me to verify my story. My kids think I need heavier medication.

~Rose Padrick

rosepadrick@gmail.com

(800) 638-8083 x31623

Join Us

First United Methodist Church, Port St. John & Indian River City United Methodist Church, Titusville

"A Woman's Walk with Jesus"
Retreat Fund Raiser at
BEEF O'BRADYS
GOOD FOOD, GOOD SPORTS

When: Tuesday, September 24, 2019
5:00 - 9:00 p.m.

Where: Beef O'Bradys
3745 Curtis Boulevard
Port St. John

10% of each purchase receipt designated for women's retreat will help support the event

Retreat - evening January 24, 2020 & morning January 25, 2020

Central FL Accordion Club

The Brevard Chapter of the Central Florida Accordion Club (CFAC) holds its regular meeting the last Sunday of every month. Members and guests are invited to play accordions or other instruments. The next show will be held on Sunday, September 29th, 2:00-5:00 p.m. at Elks Lodge #1532, 315 Florida Ave., Cocoa. The event is open to the public. Admission is free.

CFAC is a Not-for-Profit Florida Corporation. The club is dedicated to promoting the visibility and value of the accordion as a multi-cultural musical instrument in Central Florida. For more info, contact Rod Hall, 866-455-2322.

Port St. John Public Library

6500 Carole Ave., Port St. John

Lena Penna, Director

(321) 633-1867

September Calendar of Events

Mon., Tues., Fri., 9 am - 5 pm; Wed., 12 - 8 pm;

Thurs., 10 am - 6 pm; Sat., 10 am - 2 pm

Adult Programs:

Tues, 11am-3pm, Senior Games. Bring a friend, share a game.

Tues, 12-3pm & Weds, 1-4pm, SHINE. Call for appt: 321-222-7981

Fri, 2-4pm, Yarn & Needlecraft Club. All ages & abilities.

Sat, 9:30-10:30 am, Overeaters Anonymous meeting.

8/14, 6:30-7:30 pm, The Bookworms Book Club.

8/28, 6:00pm, Friends of the Library Membership Meeting.

Children & Juvenile Programs:

Tues, 9:15am, Infant Laptime. Songs & Stories, Ages 3-24 months.

Tues, 3:30pm, Brick by Brick: LEGO free play. Ages 5-10.

Thurs, 3:30pm, Universe of Stories Summer Reading. Entertainers + Crafting. K-6 grade.

Fri, 10:30am, Storytime. Ages 2-5.

Port St. John Pokemon Club. 8/10 & 8/24, 10am-12pm, regulated game play. All ages.

Calling All Christian Authors!

Dynamic writers group in Cocoa, FL offers training, critiques, and paid writing opportunities. (2nd Sundays, 2-4:30 PM at Cocoa Library.)

Contact D.P. Clarke at 1royaldy@gmail.com for information. Print "Writers Group" in the Subject block.

Did You Know?

Did you know that our local library is part of the much larger Brevard county Library System? This avails everyone of all the programs and services that are available at every library in the county. Port St. John Library has a very active children's program, adult activities program, movie lending, used book sales, Friends of the Library group and much more. Stop by the library and check us out!



Sponsored by Friends of the Port St. John Library

Rose's Room

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~Rose Padrick

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Temporary Ban on New Spreading of Bio-Solids on Brevard County Property

The Brevard County Commission on Tuesday moved forward with a six-month ban on any new application of sewage sludge onto lands within their jurisdiction, until the county can test some of the so-called "biosolids" to see if they could be contributing to pollution and algae blooms along the St. Johns River.

Tuesday's action comes after months of worries among residents about toxic algae in the St. Johns River. The river supplies almost half the drinking water in Brevard and will fuel the region's future growth.

Biosolids are what's left over after sewage is treated. Recent research by the St. Johns River Water Management District suggests the biosolids spread on farmlands in western Brevard and other rural lands along the river's upper basin are a significant factor fueling trends of increasing phosphorus in Lake Washington and elsewhere in the St. Johns. Nitrogen and phosphorus are main ingredients algae needs to grow. So too much of either can trigger too much algae, which can emit toxins that potentially pollute water supplies.

District 1 Commissioner Rita Pritchett made Tuesday's motion to ban any new applications of biosolids, discuss the issue again in six months, and reevaluate then whether to ban all existing biosolids land applications. Tuesday's action only banned any additional spreading of sludge beyond what's already planned and permitted. Pritchett's motion passed unanimously. The proposal would have to come back for a second and final vote at a future meeting.

Pritchett worries about hormones in biosolids. "I think we're causing damage to future generations," she said.

County Commission Vice Chair Bryan Lober had put the item on the commission agenda. He worries about what washes off with runoff from lands spread with biosolids. "I don't think this stuff is really any good anywhere," Lober said.

Brevard County's utility disposes of its sewage sludge at the county's landfill west of Cocoa, but cities in and out of Brevard haul their sludge to farms along the county's western border.

Other counties, like Indian River, and others in South Florida already have banned spreading Class B sludge, pushing more biosolids farther north into Brevard in recent years.

"We are taking things other counties ban," Stel Bailey, a clean water activist from Cocoa, said before Tuesday's vote. "Brevard County is not an outhouse."

Biosolids are broken up into categories of sludge depending on the level of pathogens, heavy metals and other contaminants. It's given Class AA, A or B status. The materials are all similar, but Class AA biosolids are dryer and have been more highly treated for bacteria and viruses. Class B biosolids are wetter and pose a greater contamination risk from pathogens.

In November, the U.S. Environmental Protection Agency Office of Inspector General released a report identifying 352 pollutants in biosolids that EPA cannot yet consider for further regulation due to "lack of data or risk assessment tools."

Contaminants in biosolids can include pharmaceuticals, steroids and flame retardants.

A 2013 study showed current pollutant limits for land-applied biosolids "were sufficiently conservative to minimize negative human health impacts associated with the groundwater exposure pathway."

But a 2017 study by the U.S. Geological Survey and Colorado State University found that biosolids runoff contained antimicrobials, flame-retardants and plasticizers that "may pose a potential threat to the environment."

The USGS report found rains can move contaminants from farms using biosolids directly to surface waters and redistribute them to lands significantly far away from where they were applied. The potential for runoff to carry away pollutants during rainstorms lasts even a month after multiple heavy rains, the USGS report found.

Also of concern, research shows, is a group of unregulated so-called "forever chemicals" that can build up in sewage sludge. Sampling last year found high concentrations of fluorinated compounds linked with firefighting foams in Cocoa Beach's sewage and groundwater. The chemicals were widely used in fire extinguishing foams. They also were used in pesticides, cosmetics, Teflon coatings and a litany of consumer and industrial products. Their use has been phased out, but the compounds remain in the environment for decades and are not yet regulated in drinking water.

They belong to a family of chemicals known as PFAs that has been linked with increased risk of some cancers, high cholesterol, immune and thyroid dysfunction. Research on the chemicals has raised other less-certain health concerns in recent years.

County officials said PFAS will likely be among chemicals to test for on Billy Kempfer's Deer Park Ranch off U.S. 192. His fifth-generation farm has been applying biosolids for 25 years. His is the only farm in South Brevard currently taking biosolids. Most biosolids in the region go on farms in Osceola County, which also drains to the St. Johns River.

"I think this is more of an emotional situation," Kempfer said before Tuesday's vote. "Whatever you decide, I understand. I might not like it, but I know where you're coming from."

State environmental regulators allow biosolids from sewer plants to be spread on land.

Phosphorus levels keep going up in Lake Washington, two-thirds of Melbourne's drinking supply, and in Taylor Creek Reservoir in Osceola County — where Cocoa pulls about 30% of its drinking supply — recent research by the St. Johns River Water Management District shows. The district researchers can't say for sure biosolids are the cause, but suspect it is playing a key role.

Farmers say they are careful with their use of biosolids and to follow setback and other rules that protect the environment.

Despite Tuesday's unanimous vote, Brevard officials aren't yet sure whether or not they can legally ban applications of biosolids. A state law that took effect July 1, House Bill 829, forces local governments that try to pass ordinances

state law preempts cover attorney fees and costs if the ordinance doesn't hold up in a civil suit, unless they are notified that the ordinance is expressly preempted by state law and withdraw it within 30 days of that notification.

Nitrogen and phosphorus build up over time in the soils where biosolids are spread. Excess can migrate to lakes and rivers.

An amendment to the bill that Florida Sen. Debbie Mayfield, R-Melbourne, submitted late in this year's legislative session said any biosolids moratoriums approved before Feb. 1 were grandfathered in and still enforceable, until a new set of biosolids rules the Florida Department of Environmental Protection has been working on take effect.

Douglas Sphar, of Cocoa, supported banning all land application of biosolids, and instead exploring technology to convert the waste to energy at the county's landfill west of Cocoa.

"The wastewater community has a lot of inertia, and they spend a lot of money on what they've already got," Sphar said. "The state will need to take the lead on this."

Commissioner Curt Smith agreed. He wants to further process sludge at its source, with newer technology, partnering with the state to fund such a processing plant.

"Maybe we should start looking for a real solution," Smith said.

- Jim Waymer
Environment reporter at
Florida Today.

Twitter: @JWayEnviro

Facebook: www.facebook.com/jim.waymer

Monthly Business Roundtable

The Port St. John (PSJ) Startups & Founders Club meets on the first Wednesday of each month. Business owners and entrepreneurs are welcome to attend. The group shares information on new business opportunities, ways or events to improve the community, and ways to improve on existing businesses.

New members and curious guests are always welcome, also. You do not have to be a resident of Port St. John to attend. There is no fee to attend.

The next meeting will be on Wednesday, September 4h, 8:00 AM at Port Java in Fay Plaza, 4795 Fay Blvd. See you there!

Alzheimer's Association Invites Space Coast Residents To Join 2019 Walk To End Alzheimer's®

The Alzheimer's Association® is inviting Space Coast residents to join the fight to end Alzheimer's by participating in the Alzheimer's Association Walk to End Alzheimer's. The Walk will take place Saturday, September 21 at Riverfront Park in Historic Cocoa Village.

On Walk day, participants will honor those affected by Alzheimer's disease with Promise Flowers during the poignant Promise Garden Ceremony – a moving display of hope to represent the personal reasons participants come together to fight Alzheimer's.

"My family has a strong connection to Alzheimer's. Our grandmother was diagnosed with the disease in 1998, in addition to her sister and brother. In 2010, when I started noticing symptoms in my mom, I convinced her to see a doctor where it was confirmed. She had Alzheimer's," says Pam Nystrom-McDougal, who is participating in this year's Walk as a member of Team UFFDA. "My brothers and I learned firsthand what it is to be a caregiver, with the help of her neighborhood friends. Sadly, we lost her on March 1, 2017. As a family, we decided that we needed to be more proactive and instantly turned to the Walk to End Alzheimer's. Year after year, my brothers and I feel that participating in Walk is our way of trying to save ourselves, our children, friends and anyone who could possibly develop Alzheimer's."

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research.

"We encourage locals to participate in Walk, as the fundraising dollars fuel the Association's mission and having participation in the event helps to change the level of Alzheimer's awareness in the Space Coast community," says Amanda Harris, Space Coast Walk Manager for the Alzheimer's Association. "While there is no fee to register, the Alzheimer's Association encourage participants to fundraise in order to contribute to the cause and raise awareness. This inspiring event calls on participants of all ages and abilities to join the fight against the disease!"

More than 5 million Americans are living with Alzheimer's disease – the sixth-leading cause of death in the United States. Additionally, more than 16 million family members and friends provide care to people with Alzheimer's and other dementias. In Florida alone, there are more than 560,000 people living with the disease.

Participants can join a team or register to walk as an individual at alz.org/walk.

Alzheimer's Association Walk to End Alzheimer's® - The Alzheimer's Association Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's®. Visit www.alz.org or call 800.272.3900.

10 Early Signs and Symptoms of Alzheimer's or other dementia.

- 1 - Memory loss that disrupts daily life.
- 2 - Challenges in planning or solving problems.
- 3 - Difficulty completing familiar tasks at home, at work or at leisure.
- 4 - Confusion with time or place.
- 5 - Trouble understanding visual images and spatial relationships.
- 6 - New problems with words in speaking or writing.
- 7 - Misplacing things and losing the ability to retrace steps.
- 8 - Decreased or poor judgment. They may pay less attention to grooming or keeping clean.
- 9 - Withdrawal from work or social activities.
- 10 - Changes in mood and personality.

Parrish Medical Center Offers Free Community Support Groups

Parrish Medical Center is offering free support groups for community members living with various health issues. See the upcoming September 2019 support groups listed below:

- AWAKE Sleep Disorders Support Group: Monday, September 9, 6-8 p.m., Parrish Healthcare Center, 5005 Port St. John Parkway, Port St. John
- Caregiver Support Group: Thursday, September 5 and 15, 9:30-11:30 a.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Caregiver Academy: Thursday, September 12, 10-11 a.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Diabetes Support Group: Thursday, September 12, 3:30-5 p.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Fearless Café: Wednesday, September 4, 10-11 a.m., Heritage Hall, 931 N. Washington Ave., Titusville
- MAK Gathering (Moms and Kidz) Support Group: every Monday and Wednesday (September 2, 4, 9, 11, 16, 18, 23, 25 and 30), 10-11:30 a.m., The Children's Center, 5650 S. Washington Ave., Titusville
- Parkinson's Support Group of North Brevard: Thursday, September 19, 2-4 p.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Pulmonary Hypertension Support Group: Tuesday, September 10, 3-5 p.m., Grace United Methodist Church, Merritt Island
- Stroke-Heart Survivors Group: Tuesday, September 17, 2-4 p.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Parrish Partners Cancer Support Group: Monday, September 16, 4-5:30 p.m., Parrish Medical Center, 951 N. Washington Ave., Titusville

The support groups are free, but space is limited. For more information, and to preregister, visit parrishhealthcare.com/events.

Back To School With Social Security

By Blanca Taylor

Social Security Public Affairs Specialist



It typically takes people a lifetime of planning to reach their retirement goals. The earlier young workers know about saving for their future, the better chance they'll have at achieving a comfortable retirement. This is why Social Security has created a resource specifically for teachers and students.

Our Information for Educators page contains a toolkit with information and resources to educate and engage students on Social Security programs and services. Within the toolkit, you'll find:

- Two lesson plans with objectives
- Infographics and handouts for each lesson plan
- Links to Social Security webpages
- Talking points
- Quiz questions and answers

It's important for students to understand why Social Security was created and why it is essential to their lives today and in the future. This knowledge and understanding will provide students a strong base on which to build their financial future.

You can access the webpage and toolkit at www.socialsecurity.gov/thirdparty/educators.html. Young workers can also see how Social Security directly relates to them at www.socialsecurity.gov/people/students.

Encouraging young people to save now for long-term goals that are decades away can be somewhat difficult. Let them know they have a better chance of realizing their dreams if they start planning and taking action early. And also let them know that they can share this information with friends, both in person and on social media.

**MEDICARE QUESTIONS:
PART A, PART B, PART C, PART D:
CONFUSED????
LET US ANSWER YOUR
QUESTIONS!!!**

Higginbotham Insurance Agency

"Providing Peace of Mind"

3790 N. U.S. 1

Cocoa, Fl. 32926

(321) 632-5726



Walter Butler Community Center - September, 2019

Bernice G. Jackson Park, 4201 North US Hwy. 1, Sharpes

The center is open Monday–Thursday from 10 - 8 p.m., Fridays from 9 a.m. to 6 p.m. and Saturday 10 a.m.-2 p.m. Schedule is subject to change. Call 321-433-4448 for latest information.

Mondays - Fridays

Center Closed September 2, Labor Day Holiday

Open Computer Lab, 11 a.m.-2 p.m. & 6-8 p.m.

Kids in Motion 2-6 p.m.

No Gym Activities – Floor Renovations

Tuesdays

Kids in Motion 2-6 p.m.

4-H Garden Club 3-4 p.m.

Open Computer Lab, 11 a.m.-2 p.m. & 6-8 p.m.

No Gym Activities – Floor Renovations

Wednesdays

Open Computer Lab, 11 a.m.-2 p.m. & 6-8 p.m.

Kids in Motion, 2-6 p.m.

No Gym Activities – Floor Renovations

Thursdays

Open Computer Lab, 11 a.m.-2 p.m. & 6-8 p.m.

Kids in Motion, 2-6 p.m.

No Gym Activities – Floor Renovations

Fridays

Open Computer Lab, 9 a.m.-1 p.m.

Kids in Motion, 2-6 p.m.

4-H Garden Club, 3-4 p.m.

No Gym Activities – Floor Renovations

Saturdays

Open Computer Lab, 10 a.m.-2 p.m.

No Gym Activities – Floor Renovations

Persons With Disabilities Dances are held at WBCC every 1st and 3rd Friday of the month from 7-9 p.m. all ages welcome. Contact Andrea Chestnut, 321-264-5058 or 321-264-5105.

Volleyball Fundamentals - Teaching proper playing techniques and teamwork. This class focuses on teaching beginners how to properly bump, set, spike and more.

Classes will be held on Wednesdays & Thursdays 5-8 p.m. For more information, contact the Walter Butler Community Center (321) 433-4448.

Sharpes Community Brunch

Hosted by The North Cocoa Civic League every third Wednesday of the month, 10:15-11:30 a.m., this event is free.

For more information, contact Jared Lewis at 321-412-0577 or the Walter Butler Community Center (321)433-4448.

4-H Junior Master Gardner Program

The Junior Master Gardner Program engages participants in novel, hands-on group and individual learning experience that promote a love of gardening, develop an appreciation for the environment, and cultivate the mind.

Classes will be held on Tuesdays and Fridays 3-4 p.m. For more information, contact the Walter Butler Community Center (321)433-4448.

Youth Basketball League

Program designed for boys and girls ages 7 to 12. Games played each Saturday 8 a.m.-2 p.m., tentatively October 5 through November 23. Primary focus will be to build upon and improve skills sets of each participant. Practices are held Thursday evening 5-8 p.m. cost is \$20 per player. For more information, contact the Walter Butler Community Center at (321)433-4448.

6th Annual Taste of the Coast

The Cocoa Beach Regional Chamber of Commerce (CBRCC) is hosting the 6th Annual Taste of the Coast event on Friday, September 27th from 5:30 p.m. to 8:30 p.m. at the Cocoa Beach Country Club – 5000 Tom Warriner Blvd., Cocoa Beach. Residents and area guests will have the opportunity to sample foods from a variety of both well-known establishments and newcomers to the Space Coast dining scene all in one evening.

The Taste of the Coast will feature land and sea favorites, specialty appetizers, locally brewed and produced beverages along with live entertainment and a silent auction. Admission includes sampling of all food and beverage offerings. Well-known local band, Gypsy Rain will be providing the live entertainment.

“Tourism is a major economic driver in our community and the flavors on the Space Coast are a feat to be celebrated by visitors and locals alike,” said Cocoa Beach Regional Chamber of Commerce President & CEO, Jennifer Sugarman. “We’re excited to host this event again and showcase our local restaurants and businesses.”

Hosted by the Cocoa Beach Regional Chamber of Commerce, Taste of the Coast is presented by The City of Cocoa Beach. Additional sponsorships are available. A limited number of non-food vendor tables are also available.

General admission is \$20.00 per person in advance and \$25.00 at the door and includes sampling of all food and beverages offered. Additional beverages are available for purchase.

Tickets for The Taste of the Coast are now on sale. For more information or to purchase tickets online, visit www.cocoabeachchamber.com.

Classified Ads

Moving Sale: 2 Craftsman table saws for cabinets and more, a tiller, an outdoor wrought iron furniture set with 6 chairs, a barbecue grill combo gas & charcoal, hardly used. Come see the items and make an offer. Call 321-501-3227 to make an appointment.

Classified Section - \$5.00 per line - approximately 45 characters per line (including spaces). All classified ads must be paid in advance. Ads must be submitted in writing no later than the 18th of the month for publication the following month. Happenings reserves the right to reject any advertisements not meeting its standards. Liability for errors shall not exceed the cost of the ad.

Meet your neighbors and stay informed of Events & Community Happenings!

CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues.

Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959

Name _____

Address _____

E-mail _____

Phone _____ May we include your phone number on our membership roster to CGHI members? Yes No

Won't you come join us? We meet the 2nd Thursday of the month at Discovery Church, 3925 Grissom Pkwy. at 7:00 PM. www.CanaveralGrovesHOA.com





Fruit From The Groves

The next Canaveral Groves Homeowners Association meeting will be on September 12 at 7 pm at Discovery Church on Grissom Parkway. Please feel free to attend and invite your neighbors.

Since there now seems to be more interest in the Virgin high speed train, note that they are cutting the trees down on the Beachline Expressway along the route to Orlando. Some residents are now concerned about the noise levels that will occur due to the train as well as the traffic on the Beachline since the trees have been removed. We have individuals along the route who are suggesting that walls be constructed similar to those on I-95 and other highways. At the present time, there are no walls planned. A study will have to be done on the noise levels before they can be installed along the route where needed to mitigate the sound.

Now that we are in hurricane season, there are many simple things that will help you survive. Bring outside solar lights in to give you light if you lose power. Freeze plastic cups of water and put a quarter on top of the ice, as this will let you know if the food in your freezer has thawed. Please make sure you have all medications for at least 7 days. Make sure that you have planned for your pets and other animals on your property. A 3-5 day supply of food per person is necessary.

Here is a list of some useful telephone numbers:

Brevard County Traffic Engineering (for street signs down/traffic lights out of service) 321-633-2077.

Commissioner Pritchett's Office: 321-607-6901

Brevard County Road & Bridge: 321-264-5084 (trees down? damage to roads)

Brevard County Traffic Management: 321-455-1440 (Traffic lights out or down)

Florida Fish and Wildlife Commission: 888-404-3922 (wild or hurt animals at large/hurt)

Poison Control: 1-800-282-3171

Brevard County Animal Enforcement: 321-633-2105

Brevard County Sheriff's Office North, Non-Emergency: 321-264-5100

Brevard County Sheriff's Office West: (covers the Groves) 321-633-2123 (M-F 9-5 only) Call regular dispatch

Waste Management: 321-636-6894

These are only some of the numbers, so please make sure you look up who you may need in advance of a storm.

Be Safe out there,

Ed Silva, President

Canaveral Groves Homeowners Assn.

Catherine Schweinsberg Rood Central Library & Reference

308 Forrest Avenue, Cocoa
(321) 633-1792

September 2019 Adult Programs

Enjoy an atmosphere of relaxation and creativity at Adult Coloring on Mondays from 10 am 'til noon. Supplies are provided. FREE.

Let Ree show you how to make quality, ornate gift cards for any occasion at her Art Gallery Cards class on Mondays at 10 am or 1 pm. A \$10 charge covers supplies and instruction.

Participate in the Watercolor Techniques class with Pearl Ollie on Tuesdays from 10 am 'til noon. All skill levels are welcome. Cost is \$10, supplies included.

Join Jeanette in her Stick Fitness exercise class on Tuesdays and Thursdays at 6:30 pm! It's an upbeat, fun, energetic and rhythmic way to get in shape! Cost is \$5 per class. Bring a mat/towel.

Emily will guide you through poses that will increase your flexibility and concentration at her Gentle Hatha Yoga class on Thursdays (except 9/5) at 10:30 am. Cost is \$5. Bring a yoga mat or towel.

Come learn from expert Tom Nelson about the number of ailments caused by inflammation that can be naturally remedied through simple lifestyle changes at the Six Steps to Restoring and Optimizing Your Health class. This is weeks 1-3 of a FREE six-week course. All materials are provided. Pre-register with Tom at (321) 961-9244.

Learn the fundamentals of the Android operating system at Android Basics class on Wednesday, September 4 at 10 am. FREE. Pre-register with Reference at 321-633-1792. Please bring mobile device.

Experience deep peace and relaxation at the Japa Meditation session on Wednesday, September 11 at 10 am. Mala prayer beads will be provided to those who didn't receive one at previous sessions. FREE.

Come out for Popcorn and a Movie on Thursday, September 12 at 2 pm, showing the best in recent box office hits and classic films. FREE.

Discover the secrets of Cosmetic Acupuncture: Natural Solutions for Facial Rejuvenation with Dr. Sylvie Morin on Friday, September 13 at 10 am. FREE.

Enjoy an afternoon with the Swingtimers Vocal Trio as part of our Free Sunday Concert Series on Sunday, September 15 at 3 pm. Their performance style incorporates a little bit of rock & pop, a little bit of happy, and a little bit of goofy!

Join the monthly Mystery Book Club discussion where everyone reads a different book on a common theme. September's theme is Reader's Choice. The discussion will be on Thursday, September 19, 12:15 pm- 2:15 pm. Contact the Reference Desk at 633-1792 for further details.

Learn calming relaxation techniques at the Inner Peace Meditation class on Thursday, September 19 at 6:30 pm. Cost is \$5.

Come out for Popcorn and a Movie on Thursday, September 26 at 2 pm showing the best in recent box office hits, and classic films. FREE.

On The Road With Rose

~ Rose Padrick

Barberville Pioneer Settlement

On the rare occasions I find myself with a day or even a half-day to myself, I can usually be found on the road heading to one of the many almost-hidden gems in and around Central Florida.

Possibly because I am of a certain vintage -- or maybe because I grew up in pre-air-conditioned Florida -- I tend to be most interested in all the wonderful history to be found all around us. But, like the proverbial bad penny, there is no telling where I'm liable to turn up. I am most happy to share my finds, and if there is a place you would like to hear more about, please contact me at rosepadrick@gmail.com.

A couple of weeks ago, my traveling cohort and I wound up at the Barberville Pioneer Settlement (www.pioneersettlement.org). The settlement is located about 20 miles west of I-95 on State Road 40, just past the U.S. Highway 17 intersection. Use 1776 Lightfoot Ln. Pierson, FL for navigation devices. There is ample parking and lots of shade trees to escape the summer sun.

Driving into the settlement, we were greeted by the Past Time Tour Boat, built in 1910 for tourist tours. Then, we were on to the museum in the Astor Bridge Tender's house. We enjoyed speaking with the very helpful museum curator and watching a video of the wildlife in the area.

We toured the 18 historical structures on the property, most of which are always open to the public. My favorite was the original Pierson Railroad Depot and Caboose. The depot is home to a miniature train and village and the caboose is very kid friendly. My travel cohort's favorite was the barn with farm machinery, corn meal grinder, canning stove and a litter of kittens with Kelly green eyes. We were able to pet the farm animals, see the sugar cane field just as it used to be, and examine machinery to make molasses.

We were lucky enough to visit the blacksmith shop while he was teaching, and he and his assistants gave us a short tutorial on making knives. First responders will enjoy the firehouse with its vintage equipment and two antique fire engines. Cooks will certainly appreciate not

having to use the summer kitchen and we all will appreciate indoor plumbing after touring the Lewis house.

Costumed settlers give workshops on everything from blacksmithing to pine-needle basket weaving on every second Saturday of the month, and this year's Fall Country Jamboree will showcase food, arts and crafts, and many musicians on November 12 and 13.

After a pleasant lunch at a small family restaurant just down the road, we headed back home with enough time to take a dip in the pool before beginning preparations for the upcoming week.

Ya gotta love Florida!

A Healing Experience from Next Steps™ to Gaining Strength and Confidence

Parrish Health & Fitness Center, Nick Solt, was diagnosed with Cerebral Palsy (CP) at a young age. Solt endured multiple surgeries and several years of physical therapy in hopes of improving his condition. His doctors and physical therapists were unsure if he would ever walk again.

Solt sought out North Brevard area fitness centers that could help him strengthen his body. Most gyms that he encountered were unable to provide the appropriate equipment or assistance needed for wheelchair users.

Then, Solt discovered Parrish Health & Fitness Center. Parrish Health & Fitness Center's care partners introduced him to the Next Steps Fitness Programs™—an eight-week course that includes a pre-assessment and two, 60-minute group workout sessions per week. Fitness Manager Tammy Shelley took Solt on as a client, creating his personalized fitness plan.

"Because of Parrish Healthcare, my strength has improved throughout my entire body," said Solt. "I've also been able to improve my self-confidence," says Solt.

Now, Solt can walk two-tenths of a mile while continuing to soar. He attributes his success to Parrish Health & Fitness Center's encouragement and dedication.

To learn more about Nick's story, visit parrishhealthcare.com/nicksstory.

"TUXES & TAILS"

The Brevard Humane Society is pleased to announce their 8th Annual Tuxes & Tails Gala from 5:30 pm to 8:30 pm at the Space Coast Convention Center located at 301 Tucker Lane in Cocoa. Each year this elegant black tie affair brings together a diverse group of community leaders and supporters for delectable food and fine entertainment. The fundraiser, which occurs on Saturday, September 14th, has become a premier fundraising event for the organization to give back to the homeless animals of Brevard County.

"Tuxes & Tails is the Brevard Humane Society's salute to the indelible bond people share with their pets," said Theresa Clifton, Executive Director of the Brevard Humane Society. "While we all know animals have a 'tail,' every pet that Brevard Humane Society assists through the generosity of our supporters also has a 'tale': a story about the love, care and support it receives and so richly deserves. This year, we look forward to sharing a number of these 'tales' with our attendees."

This event includes a V.I.P. lounge in addition to a silent and live auction. Masters of Ceremonies Mike & Mindy of Lite Rock 99.3 FM will return and be joined by celebrity auctioneer Sheriff Wayne Ivey. Honorary hosts Tom and Susie ("Sloane" Rivers) Wasdin will greet guests on the red carpet and additional entertainment will be provided by the Historic Cocoa Village Playhouse performers and award winning Magic Dove Magic Shop sleight of hand magicians. A "Big Bling" raffle and buffet dinner will round out the evening along with a special recognition given to the "Humane Heroes" in our community.

Last year, tickets to this event sold out early. Guests are urged to purchase tickets through at: <https://brevardhumanesociety.org/tuxes-tails/> or by calling 321-636.3343, ext. 217. Additional sponsorship opportunities are still available with packages ranging from "Fur-lanthropist" to "Tail Wagger," which includes prime or reserved seating, various levels of sponsor recognition and companion pet admission. All funds generated from this event support the 1,500+ abandoned, abused and stray animals annually cared for by the Brevard Humane Society.

Life Stories

A healing experience from Next Steps™ to gaining strength and confidence.

Nick was diagnosed with cerebral palsy as a young child. His condition required multiple surgeries and years of physical therapy. He thought he'd never be able to walk. That was until he met Parrish Health & Fitness Center care partner Tammy. He joined the Next Steps™ program and Nick is now able to walk two-tenths of a mile and improves every day to reach his full potential.

“Because of Parrish Healthcare, my strength has improved throughout my entire body,” said Nick. “I’ve also been able to improve my self-confidence.”

Learn more about the healing experiences at Parrish Healthcare and watch Nick’s story online at parrishhealthcare.com/nicksstory

From left to right: Nick Solt and Tammy Shelley, fitness manager at Parrish Health & Fitness Center.



parrishhealthcare.com
Healing Families—Healing Communities®